

# Weekly Lunch Menu

## Monday

Vegetable ravioli with crusty bread & salad

Quorn Dippers & Ketchup

Jacket Wedges

Crunchy Salad

Shortage

## Tuesday

Beef lasagne & Garlic Bread

Basil & tomato pasta & Salad

Fresh Fruit platter

## Wednesday

Roasted Chicken

Seasoning & Roast Potatoes

Roast Quorn Fillet

Seasoning & Roast Potatoes

Choice seasonal Vegetables

Berry Fruit Muffin

## Thursday

Butchers Sausage & Mash

Quorn sausage & mash

Garden Peas & Sweetcorn

Fruit Flapjack

## Friday

Fish Fingers & Chips

Vegetable Fingers & Chips

Baked Beans - Salad

Apple Crumble & custard

Week One

### Available Every Day

White & Wholemeal Bread - Fresh Water

Fruit Yoghurt - Fresh Fruit

Choice of filled Jacket

Potatoes available

Cheese - Tuna Mayonnaise

- Baked Beans



# Rothwell

## 12 Lunch Menu

### Monday

Tomato & basil pasta & garlic bread  
Cheese & Tomato Flan  
New Potatoes  
Crunchy Salad  
Vanilla ice cream with orange quarters

### Tuesday

Pepperoni Pizza  
Vegetable nuggets  
Wedges & salad  
Fresh Fruit Platter

### Wednesday

Roasted Gammon  
Thick Gravy & Roast Potatoes  
Roast Quorn fillet  
Veggie Gravy & Roast Potatoes  
Choice seasonal Vegetables  
Flapjack

### Thursday

Meatballs in Tangy tomato sauce with rice  
Vegetable Curry & Rice  
Garden Peas & Sweetcorn  
Bananas with warm custard

### Friday

Sausage roll & Chips  
Cheese pinwheel & Chips  
Baked Beans - Salad  
Iced sponge & custard

## Week Two

### Available Every Day

White & Wholemeal Bread – Fresh Water  
Fruit Yoghurt – Fresh Fruit

### Choice of filled Jacket

Potatoes available  
Cheese – Tuna Mayonnaise  
– Baked Beans

**Rothwell**

# Weekly Lunch Menu

## Monday

Pasta in white sauce with garden peas & Crusty bread  
Vegetable burger in a bun  
Crunchy Salad  
Seasonal fresh fruit platter

## Tuesday

Cottage Pie & broccoli with Crusty bread  
Cheese pizza & wedges & salad  
Peas  
Strawberry angel delight

## Wednesday

Roasted Turkey  
Thick Gravy & Roast Potatoes  
Roasted Quorn fillet  
Veggie Gravy & Roast Potatoes  
Choice seasonal Vegetables  
Fruit Flapjack

## Thursday

Beef burger in a bun  
Cheese omelette all served with herby new potatoes  
Garden Peas & Sweetcorn  
Cookie

## Friday

Fish Fingers & Chips  
Vegetable Nuggets & Chips  
Baked Beans - Salad  
Jam sponge & custard

**Week  
three**

### Available Every Day

White & Wholemeal Bread – Fresh Water  
Fruit Yoghurt – Fresh Fruit

### Choice of filled Jacket

Potatoes available  
Cheese – Tuna Mayonnaise  
– Baked Beans